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# Saturday, July 17, 2010 HE MORI

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Caya G. F. Betico Croes 111 - Tel: 588-9517 - Fax: 588-9518 - E-mail: themorningnewsaruba@gmail.com

### Dr. Narain celebrates his silver anniversary

Dr. Harold Narain walked in to a big surprise as he prepared to receive his patients during his regular afternoon sessions on Wednesday, July 14; wife Ruby and staff had a decorated office and snacks and sweets ready for the doctor and all his clients in celebration of his opening his first private practice exactly 25 years prior in Atlanta, Georgia.

Dr. Narain, born in Suriname, met his Aruban wife Ruby while getting his medical degree at the University of Leyden in Holland, and then did his residency in OB/Gyn at Brooklyn-Cumberland Medical Center in New York, Elmhurst Hospital, Queens, and finally the Allegheny General Hospital



in Pittsburgh.

During Dr. Narain's 25 years of practice he has continued expanding his areas of expertise, and as a doctor dedicated to the care of women's health, became fas-

cinated with various techniques of body sculpting, becoming proficient in the latest pra ctice of PAL-Power Assisted Liposuction. This now accounts for a great part of his procedures, easily done in



his office and requiring short recovery time.

Dr. Narain and Ruby decided to return to her homeland in 1998 to set up practice, as he felt there would be a great demand for his experience in the various fields of women's health care in which he specialized and a

packed waiting room certainly attested to the wisdom of this decision. All at his Cumana offices were also invited to join in the celebration of his silver anniversary, and it proved a productive and fun afternoon for a doctor visit!

by Rosalie Klein

### The Pandell family enjoy newly discovered paradise Aruba



Larry and Noelle Pandell and their two sons, Bradley and Blaize of Adams, Massachusetts (Berkshire County) spent this past week really enjoying Aruba and their newly purchased time share at Caribbean Palm Village. They just love it here! The beaches are beautiful and the scenery diverse. The best part of driving around to get to know a little of the Island was getting lost and seeing more than they thought they would. They found the friendliness of the people where ever they went was exceptional, from the housekeeping staff at the CPV to the waiter, Jaroen at "Fishes and More," Lucy at "Passions," Kevin at "MooMba Beach" and Iris at "The Paddock" and all those too many to mention. They would like to say how wonderful their memories are of this their first trip to their new "home away from home." Photos of the happy family captured by photographer, Diane Keijzer.

### Important notice

ORANJESTAD –All motorists are requested to take notice that on Monday and Wednesday, two big tanks will be transported from the Barcadera Wharf to Valero Refinery in San Nicolas. The route is the fol-

Leaving Bucutiweg from Barcadera till WEB ARUBA. From there, left turn, direction traffic lights to get on the main road, cross the new Balashi Bridge, direction San Nicolas until roundabout just before the FTA building. There the convoy will proceed at the left side of the roundabout (in the forbidden direction) to continue on the Pastoor Hendrikstraat till Lagoweg. From there the convoy will turn to the right, pass in front of the Unicon and All Safety & Industrial Supplies to enter Valero thru Gate nr. 2.

The tanks are part of the new Nitrogen plant and are for storage of nitrogen gas that the plant will produce. Operation of the new plant is in hand of Gastech (Aruba) N.V.

### Bring this ad to receive a free orange juice

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# Cautious optimism as BP oil well cap holds up

NEW ORLEANS, Louisiana (AFP) – A giant cap on a leaking Gulf of Mexico well was holding back gushing crude for a second day yesterday, amid hopes BP may have almost staunched the worst oil spill in US history.

The 30-foot (10-meter) cap, sealed off on Thursday to enable tests on the well below, has stopped oil from flowing into the ocean for the first time since an April explosion on a BP-leased drilling platform just off Louisiana.

US President Barack Obama said the halt to the oil flow was

"good news," but cautioned yesterday it was not a final solution to the leak which has triggered the nation's worst ever environmental disaster.

"It is important that we don't get ahead of ourselves," Obama told reporters at the White House.

A permanent end to the spill is not expected before mid-August, when two relief wells should enable BP to fill the ruptured wellbore with cement, drowning the oil flowing up from a huge undersea reservoir.

But Gulf residents now hope

new impetus will be given to the clean-up operation, with the shorelines of five states ravaged, vital fishing waters closed and tourists shunning the usually popular beaches.

Estimates suggest anywhere between 35,000 and 60,000 barrels of crude have been leaking every day since the rig sank April 22, two days after an explosion on the platform which killed 11 workers.

The International Energy agency has calculated there are between 2.3 million and 4.5 million barrels of crude sloshing around in the sea.

# Suriname former dictator runs for president

PARAMARIBO, Suriname (AFP) - Former Suriname dictator Desi Bouterse, who is on trial on charges of summary execution, hopes to take back the reins of power this time as president when lawmakers elect new leaders Monday.

Bouterse, 64, is head of the National Democratic Party (NDP) which is part of a four-member political block that won 23 of the 51 seats in May parliamentary elections in the South American country.

The 50 members of the country's National Assembly will Monday choose a new president and vice-president, both elected to a five-year term.

"It is always exciting, but we will just await Monday's elections," said Bouterse when asked about his chances of winning as he formally registered to stand. "We enter it with confidence."

Bouterse, who led two military coups here in the 1980s and 1990s, will face off against his main rival Chandrikapersad Santokhi, current justice minister in the outgoing New Front (NF) government.

Lawmaker Santokhi, 51, is a former police commissioner and head of the police department, who investigated many of charges brought against Bouterse.

Current President Ronald Venetiaan, who has served as head of state three times, led his NF coalition into defeat, going from its 23 seats to 14 seats

# Venezuela recalls Colombia envoy as rebel row heats up

CARACAS, Venezuela (AFP) - Venezuela recalled its ambassador to Bogota yesterday a day after Colombia's president claimed that leftist rebel leaders fighting his government were in the neighboring South American nation.

In a fresh sign of rising tensions, Venezuelan Foreign Minister Nicolas Maduro said ambassador Gustavo Marquez was recalled to Caracas to help "evaluate a series of measures" that Venezuela is examining.

Maduro said the ambassador had been given an "official protest letter rejecting the lies and falsehoods put forward by the government of Colombian President Alvaro Uribe."

On Thursday, Colombia said it had evidence that five leaders of leftist guerrilla groups, which have been waging an armed campaign against the government since the 1960s, were in Venezuela.

Colombia and Venezuela froze diplomatic ties last year after Bogota and Washington inked a military cooperation agreement Venezuelan President Hugo Chavez considered a threat to regional security.

In Bogota meanwhile, officials said the government would seek to bring the matter to unspecified "international organizations."

"Over the past six years the Colombian government has maintained a patient dialogue with the government of Venezuela, during which we offered, on a number of occasions, information on the whereabouts of terrorists on its territory," a statement from the president's office said.

"All of this has failed to produce results on the issue of terrorist leaders. We must now consider bringing the issue to international organizations."

The statement repeated the claim from Bogota about "the presence in Venezuela of terrorists who are seeking to attack our country."

Uribe's office on Thursday said the rebel leaders in Venezuela included four key members of the Revolutionary Armed Forces of Colombia (FARC) and one from the smaller National Liberation Army (ELN), both of which have been waging an armed campaign against the Colombian government since the mid-1960s.

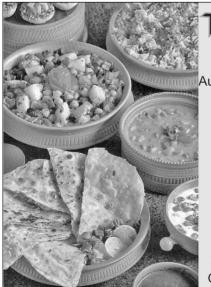
# Record cocaine haul on Bogota-Paris flight

PARIS, France (AFP) - French customs have seized cocaine with a street value of eight million euros (10 million dollars) in a suitcase on board a flight from Bogota to Paris, a minister said yesterday.

The 134-kilogram (294-pounds) haul of cocaine was

intercepted Sunday at Paris' main Roissy international airport, when police ordered a search of the plane's luggage hold, said Budget Minister Francois Baroin.

It was the largest shipment of the drug ever seized at the airport, he said.



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# **Kukwisa school students visits Glass & Ceramics Studio**



As a final activity of this school year, the fifth graders of Kukwisa elementary school visited the Archaeological Museum and Terrafuse, art studio for glass and ceramics.

The students showed great interest and were very impressed by Ciro Abath's explanation on glass blowing, the properties of glass and its melting point. The heat from the glass furnace was overwhelming though, keeping the students away.

Besides the glass blowing demonstration Abath also explained the students about working with clay. He showed them how they can make a pot and the details they have to watch for. He also showed them the Aruban clay.

Afterwards, the students, under the guidance of Mrs. Hester Matthijsse, went into a classroom to practice with clay

During the months of July and August, Terrafuse has weekly glass blowing demonstrations on Fridays from 4:00 to 6:00 p.m. and entrance is free. Terrafuse is situated at Turibana 14 (the road to Willy's Pool). For more information readers may call at tel.: 592-2978.

### Minister of Foreign Affairs Maxine Verhagen emphasizes

# Good relations with the Kingdom's largest neighbor is paramount

ORANJESTAD—The Kingdom of The Netherlands believes in maintaining good relations with its largest neighbor, Venezuela, and therefore deems it important to show that it respects the territorial integrity of that country. Minister of Foreign Affairs for the Kingdom Maxine Verhagen stated this during his visit to the Netherlands Antilles and Aruba that concluded yesterday with a joint statement of the Dutch executive and the Aruban Prime Minister Mike Eman.

Minister Verhagen said his visit to Aruba (and The Netherlands Antilles) was part of a policy to ensure good contacts with the government here, particularly as he is also responsible for the foreign relations of the islands. In that aspect, contacts have already been strengthened through improved relations between the governments in the Kingdom. Minister Verhagen for example has conducted various discussions during visits to countries in the region, such as Brazil, Mexico and other, to illustrate the strategic value Aruba can play in regional commercial contacts with the Netherlands and Europe.

But the focus during his visit this time was mostly on the efforts that need to happen to make sure the relation with Venezuela remains cordial. Both the Kingdom and Venezuela have a mutual benefit to each other, and through the course of history have always maintained good relations. Moreover, the Dutch islands do have even closer link with Venezuela, through commercial, social and familiar ties that have existed through centuries.

The accusation that Dutch aircraft have illegally invaded Venezuelan airspace thus needs to be clarified with facts, Verhagen stated. And the fact is the Royal Dutch Marines Helicopter related in this case did not cross the airspace. According to the Minister Verhagen, the helicopter was flying in international airspace that according to international treaties is under the supervision of Venezuelan air traffic controllers. He stressed that his Ministry is doing its utmost to clarify this with Venezuelan authorities and hopes that soon there will be an opportunity for personal meetings in Caracas to clarify misunderstandings.







Prime Minister Mike Eman offered Aruba's help, as the island has close cultural ties with Venezuela.

Prime Minister Eman at the end presented Minister Verhagen with an artistic rendition of

the Aruba Divi Divi tree, symbolic for the island and also a copy of a new Aruba magazine that illustrates the strategic role Aruba can play for a grander, Dutch Kingdom global economic endeavor.





Receive a special discount with this Ad

### Steak on a Stone-Le Petit Café's specialty



In a time when dining choices and critiques are based on value for your dollar, an old favorite, Le Petit Café, still offers one of the best values not only in price, but quality, quantity and ambiance.

Le Petit Café in Palm Beach offers charming surroundings reminiscent of a European outdoor café. Surrounded by Old World gaslights and an abundance of flora, it provides a delightful and romantic setting. In Oranjestad, diners can enjoy a breathtaking view of the harbor; particularly as the sun dips over the horizon and the lights of town set the waters aglow. Taking advantage of their Early Bird Special not only offers a great price for a delicious meal, but put you in the right place at the right time to enjoy Aruba's most spectacular daily performance; our stunning sunsets.

The Early Bird special of-

fers a choice of a full sized chicken breast, a hefty portion of filet mignon or fresh grouper fillet accompanied by a well-stuffed baked potato, rice or french fries. There is a choice of soup or salad as a starter, and ice cream for dessert, all for a modest \$21.50; an unbeatable price for a great meal on Aruba!

Cooking your main course on the stone is a supremely healthy method of preparation, seasoned to perfection and using no fats or oils. Fish in particular is excellent; extremely moist and tasty. A thick cut of filet mignon usually requires cutting into smaller sections to cook fully, especially if your preference is medium-well to well done.

Le Petit Café is particularly well known for its "Land and Sea" specialty, filet mignon and lobster tail; a gourmet treat when served in their signature fashion. The restaurant also offers a diverse menu of pastas and tempting gourmet appetizers such as seafood crepes, crispy calamari, and escargot. For family members in the mood for something different there are several dishes to choose from, such as chicken parmesan, so a large family with different ideas of what they want for dinner can easily be accommodated.

We all know that breakfast is the most important meal of the day, and Le Petit Café has also long been famous for the best value for breakfast on Aruba. They still offer an American breakfast for \$6.95 and a full breakfast buffet for \$10.95, another unbeatable value!

Le Petit Café is also located in the Paradise Beach Villas, so whether you are staying in Oranjestad, Palm Beach or Eagle Beach, a La Petit Café restaurant can be found only a short stroll away from you resort, a perfect way to begin or end your day!

### Deloitte provides a free seminar for clients at the Radisson Aruba Resort



Deloitte financial services executives are very mindful of how many of their clients are now involved beyond Aruba regarding international commerce. When wishing to do business abroad, companies should also be mindful of the International Financial Reporting Standards (IFRS) of the International Accounting Stan-dards Board (IASB) if they plan to be successful and attract customers beyond Aruba's borders.

Towards this end, Deloitte hosted a free seminar for their clients in the Ruby Room of the Radisson Aruba Resort, Spa & Casino on Thursday, July 15. The point was for financial executives to understand that even though "Aruba does not have requirements for a specific framework, consistent application of accounting policies is essential for comparability and sound business decision making in this world of globalization."

Featured speakers for the seminar were Gilmar Croes CPA, Kathy Scholliers CPA (Belgium Title) and Otmar Martina CPA, all experienced managers in the field of IFRS and U.S. Generally Accepted Principles Accounting (GAAP.)

July 1, 2009 the IASB issued IFRS for small and medium sized entities (SME,) providing a less complex framework; this was the focus of Thursday's seminar. Seminar facilitators summarized and assisted a packed house of financial administrators through the 230 page long IFRS for SMEs issues by the IASB, which expects to see an adjustment every three years.

The nuts and bolts of understanding complex standards for foreign currency transactions, both gains and losses, reporting assets, un-





derstanding financial instruments and reporting liabilities and other obligations were some of the topics for the afternoon.

In a world of instant communication, video conferencing and trans-hemispheric business liaisons, Deloitte understands that economic

growth for Aruba means keeping up with international standards and creating financial opportunities beyond Aruba's shores; when it comes to financial stability and economic growth, "no island is an island," anymore.

by Rosalie Klein





• Rental Program

• Excellent location near golf course & beaches



### Come Be A Star!

### Tuesday is Karaoke Night at Garufa Cocktail & Cigar Lounge

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Hosted by singer/entertainer Giovanni Trim, Tuesday nights at Garufa Cocktail & Cigar Lounge are a lot of fun. The mike is open from 7 p.m. to 1 a.m., and the bar features local prices in addition to delicious free snacks.

Guests are encourages to grab a mike, and star in their own showtime production.

Giovanni plays a large selection of songs in English, Dutch, Papiamento & Spanish, this is your chance to compete for a spot in the limelight!

Join Kareoke Night at Garufa and you will see for yourself how much fun it is!!







\*matinee: everyday | \*\*late show: friday & saturday

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DISPICABLE ME- Comedy/Fam: In a happy suburban neighborhood, sits a black house with a dead lawn. Unbeknownst to the neighbors, hidden beneath this home is a vast secret hideout. Surrounded by a small army of minions, we discover Gru planning the biggest heist in the history of the world. He is going to steal the moon, yes, the moon. Gru delights in all things wicked. Until the day he encounters the immense will of three little orphaned girls who look at him and see something that no one else has ever seen: a potential Dad.

late show: 11:45

matinee:



### Science/Tech

## N.Zealand inventors unveil bionic legs for paraplegics

WELLINGTON (AFP) – Two New Zealand inventors have produced what they claim are the world's first robotic legs to help paraplegics walk again.

The bionic legs were roadtested publicly for the first time Thursday by 23-year-old Hayden Allen (pictured) who was told five years ago he would never walk again after being paralysed from the chest down in a motorcycle accident.

Allen said the experience of being able to stand up and walk when strapped into his robotic legs was fantastic and he felt like a normal human being again.

"It will be a big benefit from a social aspect, being able to talk to someone at the same eye level," he told reporters.

Inventors Richard Little



and Robert Irving, two ex-patriate Scottish engineers, came up with the idea seven years ago and have spent 10 million dollars (7.1 million US) developing it.

Called Rex (robotic exoskeleton) the 38 kilogram (84 pound) joy-stick operated legs were inspired by the movie "Aliens" in which the character Ripley (Sigourney Weaver) climbs into a robotic exoskeleton to fight an alien.

Rex is "a realistic standing and walking alternative to wheelchairs," the inventors said on their website Rexbionics.com.

"It enables the user to climb up and down stairs, sit, stand, and step backwards, sideways and forwards -providing the opportunity for people in wheelchairs who want to walk, to do just that."

However, Rex comes with a hefty price tag of 150,000 US dollars and at present is only available in New Zealand although the inventors said it would be sold worldwide from next year.

### **HEALTH**

# High heels reshape leg muscles, create pain when not worn



Women who wear high heels daily might be signing up for more than a little foot pain. Habitual high-heel wearing can lead to changes in the calf muscle and tendons, according to a new study.

So much so that these women actually experience discomfort when they walk around sans stilettos.

The high-heel habit can cause fibers in the calf muscle to shorten, and the Achilles tendon, which connects the calf muscle to the bone, to stiffen and become thicker. While this set-up doesn't pose problems when the heel is propped up, it can lead to discomfort when standing or walking around flat-footed because the muscle and tendon are stretched beyond their normal range of movement..

"In a way, the system has adapted to this new position," said study researcher Marco Narici of Manchester Metropolitan University in the United Kingdom. "When they wear high heels the muscles feel more comfortable."

Measuring muscles

When people put on high heels, their ankles are raised and their calf muscles are held in a shortened (contracted) position. Scientists know that when people place their muscles in a shortened position for a long period of time - such as in a plastic cast - the muscle literally becomes shorter, Narici said.

Narici wondered if constantly wearing high heels could also cause muscle shortening.

"I thought that: women wearing high heels were doing an experiment for us without knowing it, so all we had to do was recruit them and test them," he said.

In addition, there is anecdotal evidence from the 1950s that secretaries experienced discomfort when they took off their high heels and walked barefoot, Narici said, which also suggested perpetually wearing high heels causes changes.

The study participants included 11 women (average age 43) who had worn stiletto high heels (at least 2 inches, or 5 centimeters high) for five days a week for two years or more. Most of the subjects said they felt discomfort when they were standing barefoot. A control group of nine women who did not regularly wear high heels was also included.

Narici and his colleagues first measured the size of the women's calf muscles using magnetic resonance imaging (MRI). However, they didn't find any differences in muscle volume between the two groups.

Next, they used ultrasound to measure the length of the calf muscle fibers, finding they were 13-percent shorter in high-heel wearers compared with the control group.

Having shorter fibers should affect how the muscle contracts - shorter fibers should generate less force and make walking less efficient in these women. But the researchers couldn't find any differences between the two groups in terms of how the calf muscle contracts.

An examination of the Achilles tendon showed the tendons of high-heel wearers were thicker, and thus stiffer, than those of non-high heel wearers

The thicker tendons counterbalance the shorter muscle fibers and allow the muscle to behave normally, Narici said. But the combined effect of the thicker tendon and the shorter fibers is the likely reason behind the soreness felt when high-heel wearers ditch their stilettos..

High heels aren't the only footwear risk. A separate study in 2008 found that constantly wearing flip-flops alters how you walk, changing the gait in subtle ways that can lead to problems and pain in the sole, heel and ankle.

### Ditch the heels?

Narici doesn't think the results mean women should give up wearing high heels. But he recommends stretching exercises after a day of wearing high heels to prevent the muscle fibers from shortening.

Currently, Narici and his colleagues are investigating whether thicker Achilles tendons make running less efficient.

Narici conducted his work with Robert Csapo of the University of Vienna, Austria, and Olivier Seynnes and Costis Maganaris of Manchester Metropolitan University.



# Gene linked to high kidney disease rates in blacks: study

WASHINGTON (AFP) – Researchers said recently they have identified gene variants that help explain high rates of renal disease among African-Americans, who have a four times greater risk of kidney problems than whites.

According to the study published in the journal Science, variants in the APOL1 gene are the culprits, and likely evolved as a survival mechanism against lethal parasites in Africa.

Investigators at Beth Israel Deaconess Medical Center and the Universite Libre de Bruxelles found patients with focal segmental glomerulosclerosis (FSGS) and hypertension-attributed end-stage kidney disease (HESKD) had variants in the APOL1 gene that changed the APOL1 protein sequence.

"We found that the APOL1 risk genes for renal disease occur in more than 30 percent of African-American chromosomes," co-senior author Martin Pollak of Har-

vard Medical School said in a statement.

"In fact, the increased risk of kidney disease in individuals who inherited two copies of these variant forms of APOL1 is reported to be approximately 10-fold."

FSGS is an injury to the kidney's filtering system and ESKD indicates a kidney failure so severe the patient needs dialysis or a kidney transplant.

Kidney problems, require dialysis treatment to replace their failed organs, are particularly pronounced among African-Americans.

Using information from the 1000 Genomes Project DNA data bank, the researchers singled out candidate genetic variants and tested DNA sample sets for their presence.

They found that the APOL1 variants G1 and G2 were linked to a greater risk of both FSGS and hypertension-attributed ESKD in African-Americans.



# Discover the Treasures Across the Bridge

Balashi
Pos Chiquito
Savaneta
Cura Cabai
San Nicolas



Entrance to the inner Bay of Spaan Lagoen



One of San Nicolas' main attractions, Charlie's Bar in the mainstreet

Crossing the Balashi Bridge to San Nicolas, you will find the Spaans Lagoen (Spanish Lagoon)

The Spaans Lagoen is the only inner bay in Aruba, resulting from rising sea levels after the last ice age. Spaans Lagoen is connected with the sea, but it is partially separated by a low-lying bridge. Located off the mouth of the lagoon there are several island keys, which together with the Spaans Lagoen area form a large natural ecological system.

Spaans Lagoen is a reefprotected area. The beach is accessed through the mangove trees in Mangel Halto, on the east side of the island. It boasts shallow waters and fine white sand. It's also an excellent spot to have a picnic lunch.

It is one of three Blue Flag beaches developing on the island. There is a gentle sandy entry to the water that is great for children and adults. Beginning scuba divers will love it and the snorkeling is excellent. It is also a wonderful area for kayaking. The Spaans Lagoen area flows into the village of **Pos Chiquito**.

Savaneta is a fishing village in southeastern Aruba. Home to the oldest surviving home in Aruba, it is the oldest town on that island and former capital. It was where the Dutch first settled after they recap-

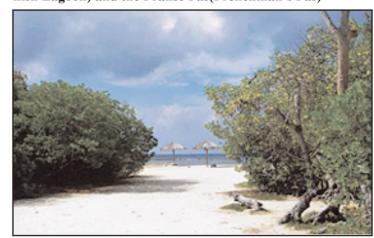
tured it in 1816. It is said that Savaneta name became during the Spanish colonization in 1840. Savaneta means Sabana chikito (small savannah).

Heading east to San Nicolas you will encounter **Cura Cabai** located along the west coast of the island.

Driving further you will find Aruba's second largest city, **San Nicolas**, with the majority of residents originally hailing from the British Caribbean. The development of the city is undeniably linked to the oil refinery, the presence of which often stands in sharp contrast to the modest houses of the area and the picturesque beach spots



The ruins of the gold smelter next to the Spaans Lagoen (Spanish Lagoon) and the Franse Pas(Frenchman's Pas)



Mangel Halto in Savaneta



House on the reef (Savaneta)



# Havenstraat 17, Oranjestad, Aruba Aruba Tel: 5884872 - Fax: 583-3091 info@larrysfinejewelry.com

# After playing only US\$ 40, Michael Sue drives away with brand new Ford Mustang



the Crystal Casino, where the slot machines are giving away lots of winnings to visiting patrons.

And this time proved no different, after playing only US\$ 40 he won a brand-new Ford Mustang. Michael could not get over his amazement, just \$\$40 and he is the

Recently, Michael Sue visited owner of a new car. That is the Crystal Casino, where luck!

"Now I can drive the car of my dream," he said with a big smile.

Photo shows an ecstatic Michael receiving the keys of his brand new Ford Mustang from the hands of Andres, accompanied by Crystal Casino associates.

# The Residences at Divi Village Golf & Beach Resort! Luxury Living at an Island Paradise





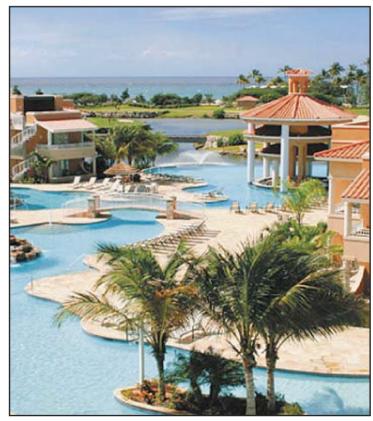
Divi Resorts is announcing its latest development on the island of Aruba - The Residences at Divi Village Golf & Beach Resort!

We've had great success increasing the timeshare offering on Aruba, however many of our visitors are now requesting a full ownership option rather than weekly accommodation.

To meet this growing demand for a year round Caribbean resort lifestyle, we are now offering luxury full ownership condominiums, The Residences at Divi Village Golf & Beach Resort.

The Residences are nestled within the lush greens of the Links at Divi Aruba golf course, adjacent to the new Golf Villas, and share the many amenities of the resort that you know so well: 3 sparkling pools, 3 restaurants, tennis courts, oceanfront fitness center, and more!

Each Residence is available fully furnished, with cool Caribbean colors complimented by rich dark woods. Kitchens are equipped with stylish stainless steel appliances, and modern conve-



niences. As always, our private balconies take advantage of soothing breezes and island views. If you are interested in this exciting new development, we invite you to visit our condominium sales office at the 2nd floor of the Links at Divi Aruba clubhouse next

to Windows on Aruba restaurant.

Contact us for an appointment at +297 735 5252 / 735 5300 or email us at sales@diviarubaresidences.c om . You may also visit us online at www.diviarubaresidences.com.

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### CROSSWORD



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### **ACROSS**

- 1. Mr. Mertz
- 5. United: 2 wds.
- 10. Four year degs.
- 14. Riley's life
- 15. Ulan .
- 16. Swiss river
- 17. Rt.-hand man
- 18. Written music
- 19. Aggravate 20. Shubert
- and
- · Winter Garden
- 22. Dressing-room appurtenance
- 24. Bulwer-Lytton heroine
- 25. To laugh, in France

- 26. "Rodeo," e.g. 29. Marquand
- detective 30. Lamb's mom
- 33. Propagate 34. "Love Boat" accommodation
- 35. Legal thing
- 36. Prod
- 37. Bar mixer
- 38. Chevy's kind of fall
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- 41. Verify
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  - Ruby 45. Road company
  - jaunt 46. Audible
  - disapproval
  - 47. Hymn 50. Edith Head,
  - e.g. 54. Alaskan city
  - 55. Inspirations for "Cats"
  - 57. Hollywood's Virginia
  - 58. Female deer 59. Odalisque's
  - abode 60. Stone who played Henry
  - Aldrich 61. Ms. Meara
  - 62. Metric measure
  - 63. Action

### DOWN

- Achievement
- 2. Headstrong
- 3. To be, to Caesar 4. Itemized
- 5. Away
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- 8. Scand. land 9. Hermitlike

- 10. Ballerina's prop
- 11. "State . 12. Young Guthrie
- 13. Clairvoyant
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- 21. \_
- 23. Press
- 25. Williams who was "Popeye'
- 26. Kid's weapon: 2 wds.
- 27. Stood
- 28. Charter
- 29. Handsomely tressed
- 30. Hollywood's Flynn
  - 31. Use a loom
  - 32. Lab compound
  - 34. Cryptologist
  - 37. Victories
  - 38. Dared
- 40. Medicinal plant
- 41. Nuisance 44. "\_\_\_, Kate":
- 2 wds. 45. Not those
- 46. Four-bagger
- 47. "A Man Woman": 2 wds.
- 48. Lunchtime
- 49. Govt. agents
- 50. Wax
- 51. Labyrinth 52. 1944 Fontaine role
- 7. Western Indians 53. Major artery
  - 56. Dobbin's tidbit

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# Sudoku

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Complete the grid so that every row and every column contains the numbers 1 through 9

A number is Never repeated

in a row or column.

In addition every rectangle must contain the numbers 1 through 9

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### YESTERDAY'S Crossword Answer



# Jobs apologizes for iPhone problems, to offer free cases

SAN FRANCISCO, Califormia (AFP) – Apple chief executive Steve Jobs apologized yesterday to buyers of the new iPhone who experienced reception problems and offered free cases that help fix the issue.

Dow Jones newswire quoted Jobs, speaking at a press conference for invited journalists at Apple head-quarters, as acknowledging that the iPhone 4 drops more calls than previous models but said the issue had been overblown.

Some iPhone 4 users have complained that they lose reception when covering the lower left corner of the phone, whose unusual antenna wraps completely around the device.

Jobs said Apple will provide free rubber bumpers to iPhone 4 owners that some have said help remedy the problem and refund buyers who already purchased the cases which fit around the phone.

The cases cost around 30 dollars.

# Free advertising and how YOU can get it!

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitud.

In this Tip, I'm going to go over Free Advertising and how you can get it.

The many opportunities for getting free advertising for your product or services are limited only by your own imagination and energies. There are so many proven ways of promoting your own objectives without cost.

One of the ways is to write an article within your particular expertise and submit it to all the publications and media dealing in the spreading of related information.

In other words, become your own publicity and sales promotions writer.

Get the word out. Establish yourself as an expert in your field, and with everything you write, you list your address for a catalog, or more information.

Another really good way is by becoming a guest on as many of the radio and television talk shows or interview programs as possible.

Actually, this is much easier to accomplish than most people realize.

All you need to do is to write a letter to the producer of these programs, then follow up with an in person visit or telephone call. Your initial contact should emphasize that your product or service would be of great interest to the listeners or viewers of the program.

Figure out a way that your information could save the listener's time or money.

Every time I go with my wife grocery shopping, when we enter the store, there is a bulletin board where people post many sundry notes.

WOW! Talk about free advertising.

You, also, can post advertising circulars on all the free bulletin boards in your area.

How about coin operated laundries, or beauty shops. I'm sure you can think of many more.

As I mentioned earlier, the opportunities are only limited to your imagination.

Don't discount the idea of handing out circulars to all the shoppers in busy shopping centers and malls, especially on weekends. They are packed.

Or, you can enlist the help of the middle, or high school students in your area to hand out circulars door to door.

You can also have a printed ad about your product or services, on the back of your envelopes.

Always check all the publications that carry the kind of advertising you need.

Per Inquiry space is available for those who ask. For those of you readers who don't know what per inquiry is, it's an arrangement where all or-

ders come in to the publication, they take a commission from each order, and then forward the orders on to you for fulfillment.

If you do a newsletter for your customers, you can get in touch with all other newsletter publishers and inquire about the possibility of exchange advertising. They run your ad in their publication in exchange for your running an ad for them of comparable size in yours.

Last, but not least, there's nothing that beats the low cost and tremendous exposure you get when you advertise a free offer. Simply run an ad offering a free report of interest to most people.

A simple one page report with a "tag-line" inviting the readers to send for more information, with a full page advertisement for your product on the backside.

The trick here is to convert all of these responses into sales.

This is done with the tag line, which gives an invitation to the reader to send for more information, and the full page ad on the back of the report.

Again, it's just a matter unleashing your own imagination and creativity. Do that and you have a powerful natural force working for you that can increase your customer base exponentially.

To your success, Ken Varga Ph: 888-682-2596; Fax: 888-682-2597 Email: ken@kenvarga.com

Website: www.kenvarga.com ...helping businesses increase customer acquisition by up to 32.7% in as little as 3 to 6 months, and increase customer retention by up to 90%.

# BP: Oil spill compensation claims top 200 million dollars

WASHINGTON (AFP) – British energy giant BP has paid out more than 200 million dollars in compensation to Gulf of Mexico residents affected by a months-long oil spill, the company said yesterday.

The firm said it had offered some 32,000 claimants one or more payments over the last 10 weeks as it tries to assuage anger and frustration over the environmental and economic disaster.

But some 61,000 claims have not been processed, either

because they lacked sufficient information, or claim adjusters were unable to contact the individuals or businesses that filed them, BP said.

"Payments to residents and businesses of the Gulf Coast reached 201 million dollars today as BP continued to increase its outreach to thousands of people who have filed claims related to the Gulf of Mexico oil and gas spill," the company said in a statement.

It said the largest group of claimants were fishermen, who have received some 32 million

dollars, and shrimpers, who have received 18 million dollars.

BP is contacting some 48,000 individuals and businesses who filed a claim "but have yet to provide documentation to support it" and will also send letters to 13,000 claimants "who have been unreachable by phone."

The Gulf of Mexico oil spill has devastated the livelihoods of residents in the region in industries ranging from fishing to tourism.



# Priest suspended for World Cup Orange Mass

AMSTERDAM, The Netherlands – A Dutch priest has been suspended for dedicating a Mass to the Dutch national soccer team -- while wearing an orange cloak -- ahead of the World Cup final against Spain.

Priest Paul Vlaar from the town of Obdam prayed last Sunday for team spirit for the national team, while worshippers, also dressed in orange clothes, were singing soccer songs in the church. It was decorated with orange flags.

The Haarlem-Amsterdam diocese said in a statement yesterday that Vlaar "failed to do justice to the holiness of the celebration of the Eucharist."

Bishop Jozef Marianus Punt has imposed a period of reflection on the priest with immediate effect.

Vlaar's prayers appear to have fallen on deaf ears, however, as the Dutch lost the match 1-0

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# Increase your mobility with Adapted Happy Wheels



On Wednesday evening Adapted Happy Wheels Services and Transportation opened its doors on Aruba, where they introduced their innovative product, the Adapted Happy Wheels. The establishment has as

The establishment has as mission to satisfy the need of clients with multiple abilities and reduced mobility through their products, guaranteeing the highest standards of quality, efficiency and competition, with the best relation between price and service, contributing with the empowerment of life quality, enjoy of special community and development of the country.

Their vision is to be an enterprise with the leadership in adapted services for Aruba, neighboring islands and other countries in the region. They are oriented to the market with the presence of a special adapted recreation and with a complete portfolio of products and well known brands.

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tionships with concerned par-

\* Employed opportunity Their motto: "Be Happy, Live Free and Enjoy without Limitations"

Adapted Happy Wheels Services and Transportation is located at Palm Beach 472 between Westin Hotel and Divi Phoenix Resort. For more information call cell: 593-0812/568-4787or just drop in and the Happy Adapted Wheels associates are more than happy to attend you. E-mail:adaptedhappywheels@hot mail.com

### 36th annual Latin American Senior Aruba Athletic Club **Baseball League Championships** opens today at Winston Ballpark



Elio Heronimo President and members of the organizing committee worked hard for the Latin American Senior Baseball League Championships and during the week Aruba welcomed delegations from eleven members of the conference as hosts of this major sports event.

Winners of the Latin American Senior League Championships will be eligible to compete in the Senior League World Series taking place in Bangor, Maine in August. Players are between the ages of 14 to 16.

The games open today at 6 p.m. at the Winston Ballpark în Macuarima, Sta. Cruz, with a grand defile of the participating teams. The Championship ends July 25th.

Three ball parks around the island will be deployed for the competitions. The **B**allpark Winston Macuarima (Sta. Cruz), the other two stadiums include Joe Laveist in San Nicolas and Dragon Hitters in Barcadera.

Delegations from Bonaire, Curação, St. Maarten, Venezuela, Colombia, Mexico, Puerto Rico, Guatemala, Panama, Domincan Republic and the U.S. Virgin Islands are here on the island.

They face off against two home teams from Aruba, the defending Latin American Champions from last year.

Committee members mentioned how proud they are of

the accomplishments of the Aruba team, which came in second in the World Series 2009, and how important it is for islanders to support their teams during the Latin American Championships.

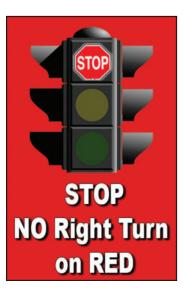
Tickets for the games are only 5 Arubian florins for adults, and 2 florins for children (\$2.85 and \$1.20, respectively) and hope to see local residents filling the bleachers to cheer on their

It was also mentioned that members of the committee will offer free clinics for those wishing to become involved with Little League as umpires beginning on August 23. Those wishing to participate this healthy pastime for youth can contact the A.L.L.U a.l.l.umpires@gmail.com to inscribe or call Idelle Orman, tel 732-5567, Nel Frank, 567-9871, or Francis Growell at 593-9118 between the hours of 6:00 and 8:00 p.m.. "Little League teaches teamwork, sportsmanship and leadership," commented Nel, "and this is the opportunity to be-come part of a solution for guiding our youth on a healthy path."

So, the whole Aruban community is invited to come and give their support to the local teams, while enjoying a major sports event hosted by Aruba.

### Barcelona set aside 50m euros for new players

MADRID (AFP) - Spanish champions Barcelona, who secured a bank loan of 155 million euros this week to solve cash-flow problems, have set aside 50 million euros to spend on new play-



ers, the club said on Thurs-

"The club has approximately 50 million euros net to spend on new players each season," Barcelona said in a statement, after vice-president for finance Javier Faus gave a news conference to provide details about the

Barcelona signed striker David Villa for 40 million euros in May but have parted ways since the end of the season with Ivory Coast defender Yaya Toure, French striker Thierry Henry and Ukrainian defender Dmitryo Chygrynskiy.

Toure joined Manchester City in a deal worth 30 million euros, Chygrynskiy returned to Ukrainian powerhouses Shakhtar Donetsk in a deal

worth 15 million euros, while Henry joined the New York Red Bulls for a yet to be disclosed fee.

"In the case of this season, buying David Villa combined with the sales of Yaya Toure and Dmytro Chygrynskiy balance themselves out," the statement said.

Barcelona hope to bring Arsenal captain and Spanish international Cesc Fabregas back to the club but so far their overtures have been rejected.

Last week Barcelona's new president Sandro Rosell insisted that his side would not break the bank to land Fabregas.

"We won't pay an unjustified sum. We won't lose our heads over this business," said he said.

### (AAC) excells at **National games**







Recently the AAC participated at the National Championships.

The AAC athletes demonstrated that they are the

champions in Track and Field. Once again they demonstrated speed and excelled in High jump, Long jump, Shot put, Discus throw and Javelin throw.

In both categories, U - 17 and U - 20, the AAC team took first place except in the 400m in which they did not participate and the 800m where we finished in second place and in the High jump U -17 second place.

The Relay open was dominated by the Aruba Athletic Club athletes where they ran off with Gold.

The Relay team consisted of Jeffrey Gomez, Christiaan Perreira, Shakyll Lourens and Ouincy Breell.

Ouincy was also crowned overall winner in the U - 20 category and Ashneal Werleman in the U - 17 category.

13 athletes represented AAC and 12 gold, 11 silver and 5 bronze were won in total.

This is the fourth year consecutively that AAC is crowned Overall winning

# Bolt sees off Powell, Oliver sizzles in hurdles



Jamaican Usain Bolt celebrates after winning the men's 100m event of the Paris IAAF Diamond League meeting

PARIS (AFP) - Jamaican sprint star Usain Bolt saw off compatriot Asafa Powell in the 100m at the Diamond League meeting Friday that saw American David Oliver clock the third-fastest time ever in the 110m hurdles.

Bolt, the reigning world record holder in the 100 and 200m, ran a meet record of 9.84 seconds, with Powell at 0.07sec back and another Jamaican, Yohan Blake, in third on 9.95.

The 23-year-old triple Olympic and double world sprint champion, who only made his comeback from an achilles tendon problem last week, was held by Powell until the closing 20 metres, but had enough in the tank to take it at the line.

Despite the victory, Bolt was not satisfied with his performance at the Stade de France.

"I didn't feel so powerful out of the blocks as I wanted to. I need to work on that," said Bolt.

"Asafa got the body drive

from the blocks. I am not in my best shape at the moment and it's hard to be at my best."

Powell said he was confident catching Bolt in the near future.

"It was just a bad race tonight. It will get better," said Powell.

"There's a lot going on behind the scenes. I'm just working on some stuff and hopefully we will get there."

The stand-out performance of the evening, however, came from Oliver, who timed the third fastest time ever in the men's 110m hurdles at 12.89sec.

Only Cuban world record holder Dayron Robles (12.87) and China's Liu Xiang (12.88) have gone faster

"It's excellent, I broke the US record and became the third ever under 12.90sec," said Oliver, bronze medallist at the Beijing Olympics. "Records will come when they should -- I'm not thinking about that too much."

It was a mixed night for

the reigning world and Olympic champions on show.

Australian Steven Hooker bombed in the pole vault, Kiwi Valerie Vili was second in the shot, South African Mbulaeni Mulaudzi second in the 800m, Kenyan Ezekiel Kemboi third in the men's steeplechase, and Phillips Idowu of Britain was fourth in the triple jump.

But Allyson Felix (200m) and Brittney Reese of the United States (long jump), Croat Blanka Vlasic (high jump) and Kenya's Vivian Cheruiyot (5000m) all won their events.

Jeremy Wariner ran a world lead of 44.49sec in the 400m, turning on the gas around the final bend and managing to hold off Jamaican Jermaine Gonzales.

"I'm back, we can say that," said the American, the two-time world champion and Olympic gold medallist in Athens in 2004 who was beaten into silver at the 2009 Berlin worlds and 2008 Beijing Games by compatriot LaShawn Merritt.

### Barcelona agree 9.5million euro Adriano deal

MADRID, July 16, 2010 (AFP) - Spanish champions Barcelona on Friday agreed a 9.5million-euro deal with Sevilla to sign Brazilian utility player Adriano, the club said Friday.

The 25-year-old, who can play at full-back or as a wide midfielder, will cost an initial fee of 9.5 million euros and a conditional four million extra depending on his performances.

The deal depends on Adriano passing a medical on Saturday at the club's Camp Nou stadium.

Adriano has been at Sevilla since 2004, twice tasting success in both the King's Cup (2007, 2010) and the UEFA Cup (2006, 2007).

He would become the first player to move to Barcelona since the arrival of new club president Sandro Rosell at the beginning of July.

Barca have already completed the signing of Spanish international striker David Villa, who arrived from Valencia for a fee close to 40 million euros.



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# Little Rodriguez smokes rivals on 12th stage



MENDE (AFP) - Spaniard Joaquin Rodriguez rose to the occasion to claim his maiden Tour de France success on one of the toughest stages in the second week of the race Friday.

Katusha rider Rodriguez stands only 1.69 metres tall and is known affectionately as 'Purito' -- the make of a stubby cigar sold in his native Spain.

However that did not stop him from fighting off a host of big names to claim victory in the Mende aerodrome, which sits a kilometre after the prestigious climb of the steep 3.1km La Croix Neuve, now known as the 'Jalabert' climb.

Rodriguez attacked the main peloton containing all the favourites early on as they chased Astana's Alexandre Vinokourov, who was part of an earlier breakaway.

And while his attack prompted Astana's reigning champion Alberto Contador to counter, Rodriguez stuck on his fellow Spaniard's wheel all the way to the finish where he overtook him just before the finish line.

"I might be small, but my list of victories isn't too bad," said Rodriguez.

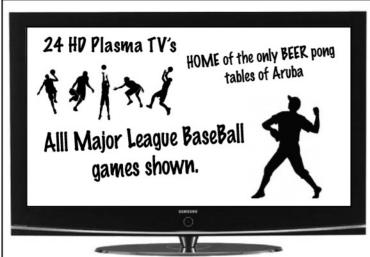


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### Oosthuizen high and dry as Piniella hopes to keep gales lash Open



Oosthuizen in action

ST. ANDREWS (AFP) -Farmer's boy Louis Oosthuizen forged a five-stroke, second-round lead in the British Open here Friday through a combination of his own talent and the merciless forces of nature.

The 27-year-old South African, who looks to Ernie Els as his mentor, defied heavy rain showers and cold conditions over the Old Course during the morning to post a 67 and a 12-under total.

He then put up his feet as the rain relented and the wind whipped up, forcing a 65 minute play suspension and blowing his main rivals, notably overnight leader Rory McIlroy, off course.

The 21-year-old Ulsterman McIlroy had been poised to surge into a commanding lead by the halfway stage, but instead his game dramatically unravelled in the gusting wind.

He parred his first three holes before the suspension, but when play resumed he promptly surrendered his first bogey of the tournament at the fourth.

His confidence suddenly rattled, the 21-year-old UIsterman had further bogeys at the sixth, seventh and eighth as he reached the turn in a morale-sapping 40.

McIlroy finally trudged off the course with an eightover 80, 17 shots worse off than his opening effort and 11 off the lead.

The wind delay also shook Tiger Woods, who bogeyed the first and the second holes after being pulled off on the first green. He had started the day handily placed at five under.

Bogeys at 13 and 15 set him back, but Woods' determination in the cold, blowy conditions kept him in contention for the weekend as he came in with a 73 to stand eight shots behind Oosthuizen.

"I'm not exactly where I want to be," he said. "I'm not 12 under par, but I'm at 4 under, I'm eight back, and today was a day I could have easily shot myself out of the tournament, especially the start I got off to, but I put it back together again and pieced together a pretty good round."

Colourful John Daly failed to produce his opening day fireworks as he signed for a 76 which included five bogeys leaving him 10 shots off the pace.

The wind delay meant that 30 players were unable to complete their second rounds and would be back early Saturday.

The Oosthuizen charge at St Andrews has come out of the blue as he failed to make the cut in his three previous Open campaigns.

He started the second round in second place at seven-under par, two behind McIlroy, but three birdies in a row from the fifth hole, despite heavy early morning rain, saw him move ahead as he went out in 33.

Oosthuizen followed up with four birdies against two bogeys on the back nine to come in with a 67, which gave him the overall lead at 12-under par.

"I think the win earlier in the year in Spain got my confidence going quite a bit, and I've been playing well all year, really," said Oosthuizen, who credits compatriot Els with helping him financially and emotionally bridge the gap between a struggling farming family background to the life of a professional golfer.

# **lefty Lilly around**



**Ted Lilly** 

CHICAGO -- Cubs pitcher Ted Lilly will be a free agent after this season and has been the subject of trade rumors. Manager Lou Piniella said he didn't think all the talk should bother the left-hander.

"Teddy's a professional," Piniella said Friday. "He wants to stay here and we'd like for him to stay here. Obviously, it gives us a much better chance to win games.

"At the same time, you never know what's going to happen, and for a veteran pitcher like Teddy or a veteran player, just go do your job and whatever happens, happens," Piniella said. "You can't concern yourself with

Lilly, who started Friday against the Phillies in the

Cubs' second game since the All-Star break, had received 2.41 runs of support per start, the lowest in the Major Leagues. But he was coming off two losses in which he's given up 16 runs on 18 hits over 10 1/3 innings.

Does Piniella give general manager Jim Hendry his opinion in trade talks?

"I don't get too involved in them," Piniella said. "I haven't talked to Jim about any trade talks at all. That's his department, and if he wants my opinion, he'll ask

That's not always the way Piniella has handled things.

"I like it quiet anyway so if stuff leaks out, it doesn't come from me," he said. "There are always leaks, but if I don't know anything about it, it can't come from

### Jolly suspended over drug charge

GREEN BAY (AFP) - The NFL on Friday suspended Green Bay Packers defensive tackle Johnny Jolly without pay at least for the upcoming 2010 season for violating the league's substance abuse pol-

The league said Jolly's suspension begins immediately and could continue beyond the 2010 season. He will be eligible to apply for reinstatement after the Super

Jolly is facing drug charges in Houston, Texas, stemming from his arrest in July 2008 for illegally possessing at least 200 grams of codeine.

If convicted, Jolly faces up to 20 years in prison.

The loss of Jolly is a blow for a team that is expected to be a playoff contender this season

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